223 Remington

.224"	22 Spitzer SP
Weight (grains)	45
Ballistic Coefficient	0.143
Sectional Density	0.128
COAL Tested	2.155"
Speer Part No.	1023

			START CHARGE		MAXIMUM CHARGE	
Propellant	Case	Primer	Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Ramshot X-Terminator	Federal	Federal 205	26.1	3368	**28.9 C**	3659
Alliant Power Pro Varmint	Federal	Federal 205	26.0	3321	**28.8**	3634
IMR 8208 XBR	Federal	Federal 205	25.0	3293	**27.6 C**	3592
Alliant Power Pro 1200-R	Federal	Federal 205	22.8	3284	**25.2**	3569
IMR 4895	IMI	CCI 400	25.0	3146	**27.0 C**	3464
Winchester 748	IMI	CCI 450	27.0	3032	**29.0 C**	3456
Hodgdon Varget	IMI	CCI 400	26.0	3157	**28.0 C**	3446
IMR 4198	IMI	CCI 400	21.0	3050	**23.0**	3436
Hodgdon H322	IMI	CCI 400	24.0	3002	**26.0**	3420
IMR 3031	IMI	CCI 400	25.0	3117	**27.0 C**	3394
Alliant Reloder 10X	IMI	CCI 400	22.0	3085	**24.0**	3348
Accurate 2460	IMI	CCI 450	24.0	2990	**26.0**	3330
Vihtavuori N133	IMI	CCI 400	22.5	3012	**24.5 C**	3317
Accurate 2015	IMI	CCI 400	23.0	2941	**25.0**	3314
Hodgdon BL-C(2)	IMI	CCI 450	26.0	2937	**28.0 C**	3272
Accurate 2230	IMI	CCI 400	23.5	2813	**25.5**	3206
Alliant Reloder 7	IMI	CCI 400	18.0	2851	**20.0**	3105
Hodgdon H335	IMI	CCI 450	25.0	2721	**27.0 C**	3065
Accurate 5744 (reduced load)	IMI	CCI 400	11.0	1958	**12.0**	2104

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load